Exploring Gap Year Opportunities

Cornell Career Services

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Where Are You Now?
A foundation of self-awareness: What do you want? What do you need?

Why would a gap year work well for you?

Develop a focus:
• Know yourself and your aim.
• What is interesting, possible, and meets your needs?
• Specialization within field?
• Geographic preferences?
• Paid programs vs. tuition costs?
WHEN WILL I HAVE FEWER OBLIGATIONS THAN I DO RIGHT NOW?

EXPLORE

EVALUATE

ENGAGE
Research will serve you well. Consider programs that will meet your needs and pique your interest.

- Reputable, Safe Programs
- Cost and Funding
- Program Requirements, Commitments, Benefits, and Expectations
  - Time Commitment
  - Eligibility and Criteria
  - Application Components, Interviews
  - Locations
- Health Care
- Housing
- Travel
Research... where to start?
### Job Interests

#### Account Information
- Notification Preferences
- Job Interests

#### Location
- Enter a location

#### Industry
- Financial Services
- Marketing/Advertising/Sales
- Investment Banking/Venture
- Non-Profit/Volunteering
- Computer Software/Engineering
- Hospital/Health Care
- Market Research
- Accounting
- Higher Education/Academia
- Sports
- Health/Fitness
- Political Organization
- Education: K-12
- Law Practice/Law Firms
- Apparel/Fashion

#### Employer Size
- 250 - 1,000
- 100 - 250
- 1,000 - 6,000
- 5,000 - 10,000
- 10,000 - 25,000
- 25,000+
- 10 - 50
- 1 - 10

#### Employer Sector
- Private
- Public
- Government

#### Job Function
- Analyst
- Research
- Management
- Project Management
- Business Development
- Marketing
- Risk Management/Assessment
- Administrative/Support Services
- Product Management
- Health Services/Healthcare
- Accounting/Auditing
- Teaching/Education
- IT/Systems
- Training
- Information Management/MIS

#### Job Type
- Job
- Graduate School
- Volunteer
<table>
<thead>
<tr>
<th>Job Posting</th>
<th>Type</th>
<th>Status</th>
<th>Location</th>
<th>Employer</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative Fellowship</td>
<td>Fellowship</td>
<td>Full-Time</td>
<td></td>
<td>UPMC</td>
<td>The Administrative Fellowship is a two-year program for graduate level students with a passion for healthcare management. Fellows will spend their first year rotating with the executive team at respect...</td>
</tr>
<tr>
<td>Clean Cookstove Lab Technician Fellow</td>
<td>Fellowship</td>
<td>Full-Time</td>
<td></td>
<td>BURN</td>
<td>Our mission at BURN Manufacturing Co. is to save lives and forests in the developing world through the design and dissemination of clean burning cookstoves. We currently have an opening for a 12 mont...</td>
</tr>
<tr>
<td>Blueprint Fellowship 2015-2016 (K-12 Education)</td>
<td>Fellowship</td>
<td>Full-Time</td>
<td></td>
<td>Blueprints Schools Network</td>
<td>Current Opportunities Available: 2015-2016 School Year - Late July/August 2015 Start Date, Depending on Site Location Blueprints Schools Network (Blueprint) is a 501(c)(3) national non-profit organization...</td>
</tr>
<tr>
<td>[KCI School in S.Korea]2016 Spring Admissions</td>
<td>Fellowship</td>
<td>Seasonal</td>
<td></td>
<td>KCI SCHOOL</td>
<td>[KCI School of Public Policy and Management]The KCI School of Public Policy and Management was established in 1997 in Korea to educate and develop the next generation of leaders in today's rapidly cha...</td>
</tr>
<tr>
<td>Mama Hope Advocate Fellowship</td>
<td>Fellowship</td>
<td></td>
<td></td>
<td>Mama hope</td>
<td>Mama hope (<a href="http://www.mamahope.org">www.mamahope.org</a>) is a San Francisco based non-profit focused on fostering sustainable communities in Sub-Saharan Africa. We partner with Community Based Organizations to create community...</td>
</tr>
<tr>
<td>PULSE Fellow</td>
<td>Fellowship</td>
<td>Full-Time</td>
<td></td>
<td>PULSE</td>
<td>PULSE (<a href="http://www.pulsepittsburgh.org">www.pulsepittsburgh.org</a>) cultivates a community of young servant leaders to transform Pittsburgh. We invite talented university graduates to partner with Pittsburgh nonprofits...</td>
</tr>
<tr>
<td>ITRI-Rosenfeld Postdoctoral Fellowship (Energy Technologies Area)</td>
<td>Fellowship</td>
<td>Full-Time</td>
<td></td>
<td>Lawrence Berkeley National Laboratory</td>
<td>ITRI-Rosenfeld Postdoctoral Fellowship (Energy Technologies Area)</td>
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</tbody>
</table>
Fellowships are:

- Short-term opportunities
- Focused on professional development
- Sponsored by a specific association or organization

Fellowships support:

- Graduate study
- Research
- Community-based organizations or initiatives
- Training and reflection
- Exploration of a particular field of work
- Traditionally, graduate and post-graduate students, and some for recent college graduates in public policy, the arts, education, and other nonprofit fields.

From UC Berkeley Career Center, https://career.berkeley.edu/InfoLab/Fellow
Upcoming Government and Nonprofit Information Sessions
Check handshake for details.

- The Department of State’s Bureau of International Information Programs, 10/8, virtual
- Japan Exchange and Teaching Program, 10/19
- US PIRG, 10/20
- Environment America, 10/28
- Project Horseshoe Farm, 11/12
The main career library, 103 Barnes Hall, serves all Cornell students. It is one of the largest in the country, consisting of approximately 605 books, 518 websites, MP3s, and paper files of career development resources; information on law schools, medical schools, and other graduate programs; and test prep materials. There are three kiosks for conducting library database searches in 103 Barnes Hall as well as a media room for accessing the web, printing information, and using other media. Hours are 8:00 am—4:30 pm, Monday—Friday, year-round. Numerous additional on-line resources can be found in the Link Library.

Also, each College Career Office has a career library with resources relating specifically to the academic offerings of that college. Several have career library databases (see the links below).

- Search Barnes Career Library
- Search CALS Career Library
- Search Human Ecology Career Library
- Search Link Library
Search for resources and email yourself results to look through when you have time...

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<td>A Broader View Volunteers</td>
<td><a href="http://www.abroaderview.org">www.abroaderview.org</a></td>
<td></td>
</tr>
<tr>
<td>Internships (1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>On Line</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Arranges volunteer experiences of weeks or months in duration in disadvantaged communities in many parts of the world. Costs vary by country &amp; duration, and include room and board. Programs include health care, women's support, environment, teaching, community development, &amp; others.</td>
<td></td>
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<tbody>
<tr>
<td>Academic Associate Program at North Shore University Hospital</td>
<td><a href="http://www.northshoreli.com/emergency/en/page/research-academic-association">www.northshoreli.com/emergency/en/page/research-academic-association</a></td>
<td></td>
</tr>
<tr>
<td>Health (1!)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A one-year program for pre-medical seniors or recent graduates. Academic Associates receive full benefits, a stipend, &amp; work closely with experienced researchers and faculty in the emergency department. The hospital is located in Manhasset, NY. Deadline =</td>
<td></td>
<td></td>
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Once you have found organizations, visit their website, follow them on social media, including Facebook and LinkedIn for ongoing updates.
About the Peace Corps at Cornell

The long-standing partnership between the Peace Corps and Cornell allows recent graduates who want to make a difference in the world volunteer for public service in over 70 countries in Africa, Asia, the Caribbean, Central and South America, Europe, and the Middle East.

The partnership between the Peace Corps and Cornell started in 1961 when the agency was first conceived by President John F. Kennedy as an opportunity for Americans to promote peace by volunteering their time, energy and expertise in developing countries.

The mission of the Peace Corps is to help people of interested countries meet the need for trained men and women, help people from host countries have a better understanding of people from the U.S., and help people from the U.S. have a better understanding of other peoples.

Over the years, the partnership between the Peace Corps and Cornell has grown, from 1962, when 18 Cornell graduates were among the first cohort of volunteers to today, when over 40 Cornell alums are serving abroad. Cornell ranks #4 in Peace Corps recruits among medium-sized colleges and universities.

Students who take advantage of the Cornell/Peace Corps collaboration graduate with skills that are highly beneficial, and private sectors. It’s a unique opportunity that allows students to make a difference in the world while earning a college degree.

News

- Cornell ranks No. 5 for Peace Corps recruits
- Peace Corps/Cornell partnership supports returning Peace Corps volunteers
- Peace Corps Director Announces Historic High in Peace Corps Prep Partners during Event with Senator Patrick Leahy in Vermont
- Peace Corps and Millennium Challenge Corporation Renew and Expand Partnership
Resources: International Work

• Work permits.

• Start early with search.

• Assess your language skills and learn about target country’s culture.

• Use all means for your search such as handshake, LinkedIn, libraries, etc.
Resources: International Work

• Check our Link Library page (Resources/Link Library/Gap or “Bridge Year”/International)

• Check also our International Opportunities page (Students/Finding Jobs/International Opportunities)

• Check an excellent pdf on the Identifying Opportunities page (Students/Finding Jobs/International Opportunities/Identifying Opportunities)
AmeriCorps

AmeriCorps engages more than 75,000 Americans in intensive service each year at nonprofits, schools, public agencies, and community and faith-based groups across the country.

Since the program’s founding in 1994, more than 900,000 AmeriCorps members have contributed more than 1.2 billion hours in service across America while tackling pressing problems and mobilizing millions of volunteers for the organizations they serve.

AmeriCorps Programs

AmeriCorps programs do more than move communities forward; they serve their members by engaging them in service to overcome the nation’s most pressing challenges.
What are you looking for?

- All: 269
- Jobs: 190
- Internships: 2
- Action Opportunities: 0
- Volunteer Opportunities: 36

Show more...

Location

- Remote (e.g. work from home) or local
- All results, including remote: 269
- Local results only: 227
- Remote results only (worldwide): 42

Areas of focus

- All: 269
- Education: 215
- Youth: 168
- Urban: 39
- Volunteering: 31
- Arts: 29

Show more...

Language

- English: 269
- Spanish: 0
- French: 0
What’s next?

Keep longer term goals in mind

• If grad school is your goal...
  • Do you need time to take prerequisite courses?

• Gaining professional experience and transferrable skills

• Any obligations to consider?
  • Financial
    • Insurance
    • Loans
    • Bills
  • Familial
  • Health
Short-Term and Long-Term Benefits
Gaining Transferrable Skills
About Us

CULTURE & VALUES
Our culture is the air we breathe - it is the set of values, structures and practices that creates an environment in which idealism can be successfully practiced. Our unique, intentional culture and values powers our impact in schools and provides an immersive context for developing leaders.

CAREERS
We’re looking for highly passionate and motivated professionals who believe in our mission. If you’re interested in joining our highly skilled team, please browse our open career opportunities.

LEADERSHIP
Our leaders are a dedicated and inspiring group of professionals who are committed to ensuring that City Year makes significant impact in helping students who are at risk stay on track to graduate on time. Our leadership is comprised of business professionals, community leaders, and devoted volunteers.
Networking...
connect with people and organizations to gain insights about programs
WELCOME TO CORNELL CAREER SERVICES

...where students engage in learning and self-discovery, and build connections to prepare for managing their careers as they contribute to a changing world.

Cornell Career Services is part of Cornell's Division of Student and Campus Life. Our comprehensive services in Barnes Hall are open to all students, and complement the services offered through career offices in the undergraduate colleges that are tailored to more college-specific academic and career goals. Students in the Johnson School of Management, Law School, and College of Veterinary Medicine are served by their independent career offices.

The mission of Cornell Career Services is to empower students to identify their strengths, possibilities; gain experience; and develop

www.career.cornell.edu
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Preparing Application Materials?  
We Can Help!

Resume and Cover Letter Critiques, Advising

**Cornell Career Services**
career.cornell.edu
103 & 210 Barnes

**Agriculture and Life Sciences**
cals.cornell.edu/academics/advising/career
140 Roberts

**Arts and Sciences**
as.cornell.edu/directories/career-services
Temporarily in trailers between Lincoln and Goldwin Smith

**Industrial and Labor Relations**
www.ilr.cornell.edu/careerservices
201 Ives

**Human Ecology**
www.human.cornell.edu/career-development/
172 MVR

**Engineering**
www.engineering.cornell.edu/resources/career_services/
201 Carpenter Hall

**Hotel Administration**
www.hoteleschool.cornell.edu/students/careers
180 Statler
Preparing Application Materials?
We Can Help!
Resume and Cover Letter Reviews; Mock Interviews

Walk-In Hours
103 Barnes
Monday through Friday
2 to 4 pm or
Call 255-5296
Summer Opportunities Fair
February 23, 2016   1:00 pm–5:00 pm
Ballroom, Statler Hotel

Nonprofit and Government Career Fair
February 25, 2016   1:00 pm–5:00 pm
Ballroom, Statler Hotel
Facebook.com/CornellCareerServices

twitter.com/cornell_career
Questions?

For an appointment with Rita on Gap Year call: 255-5296.
Feedback!

1. Name and net id
2. One thing that you learned tonight about Gap Year.
3. One thing about Gap Year you would like to learn more about.