Exploring Gap Year Opportunities

Cornell Career Services

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Where Are You Now?
A foundation of self-awareness.

What do you want?
What do you need?

Ask yourself…

Why would gap year work well for you?

Define your goals and purpose to filter your options.

Develop a focus:
Know yourself and your aim
What is interesting, possible, and meets your needs?
Specialization within field?
Geographic preferences?
Paid programs vs. tuition costs?
WHEN WILL I HAVE FEWER OBLIGATIONS THAN I DO RIGHT NOW?

WHAT DO I WANT TO EXPERIENCE AFTER COLLEGE? WHY?

DO I HAVE NON-NEGOITABLE PRIORITIES?

EXPLORE EVALUATE ENGAGE
Research will serve you well. Consider programs that will meet your *needs* and pique your *interest*.

- Reputable, Safe Programs
- Cost and Funding
- Program Requirements, Commitments, Benefits, and Expectations
  - Time Commitment
  - Eligibility and Criteria
  - Application Components, Interviews
- Locations
- Health Care
- Housing
- Travel
  - Passports
  - Travel Insurance
  - Visas

Explore
Evaluate
Engage
Research...where to start?
CCNet

Update Profile

Sign up for Email Alerts
CCNET

✧ Search
Fellowships
Jobs

✧ Search
Employers
The main career library, 103 Barnes Hall, serves all Cornell students. It is one of the largest in the country, consisting of approximately 605 books, 518 websites, MP3s, and paper files of career development resources; information on law schools, medical schools, and other graduate programs; and test prep materials. There are three kiosks for conducting library database searches in 103 Barnes Hall as well as a media room for accessing the web, printing information, and using other media. Hours are 8:00 am—4:30 pm, Monday—Friday, year-round. Numerous additional on-line resources can be found in the Link Library.

Also, each College Career Office has a career library with resources relating specifically to the academic offerings of that college. Several have career library databases (see the links below).

- Search Barnes Career Library
- Search CALS Career Library
- Search Human Ecology Career Library

Link Library
Search for resources and email yourself results to look through when you have time...
Once you have found organizations, visit their website, follow them on social media, including Facebook and LinkedIn for ongoing updates.
269 results in New York (five boroughs), NY, US including remote opportunities

Jessica McKenzie
Joined January 24, 2014
Born and Raised in NYC. I’m taking a gap year before college, so I’m looking for opportunities for the 2014-2015 year.

Domonique McClendon
Joined August 10, 2010
I am a marketing professional with more than 10 years experience working for financial services, CPS, non-profit, healthcare and government brands. I am now working with a transformational non-profit working to close the achievement gap in this country.
New York, NY, US | Last updated August 30, 2011

Mike Holman
Joined June 19, 2012
In the wake of Dodd-Frank regulation my 10 years of experience has positioned me to quickly identify processing gaps and inefficiencies that could have major negative impact on small and large financial institutions. I've identified a few of these in recent roles with m...
New York, NY, US | Last updated June 2, 2014


Teaching at children center
This is one of the placement volunteers go for teaching small children you can Teach early morning from 6:00 am to 8:00 am and volunteer live in our typical host familt and they will provide for the pure nepali food and eat with them. volunteer also go back home ...
Resources: International Work

• Work permits.

• Start early with search.

• Assess your language skills and learn about target country’s culture.

• Use all means for your search such as CCNet, LinkedIn, libraries, etc.
Resources: International Work

• Check our Link Library page (Resources/Link Library/Gap or “Bridge Year”/International)

• Check also our International Opportunities page (Students/Finding Jobs/International Opportunities)

• Check an excellent pdf on the Identifying Opportunities page (Students/Finding Jobs/International Opportunities/Identifying Opportunities)
What’s next?

Keep longer term goals in mind

• If grad school is your goal…
  • Do you need time to take prerequisite courses?

• Gaining professional experience and transferrable skills

• Any obligations to consider?
  • Financial
    • Insurance
    • Loans
    • Bills
  • Familial
  • Health
  • Geographic Requirements
Short-Term and Long-Term Benefits

Gaining Transferrable Skills

Broadening Network
CULTURE & VALUES
Our culture is the air we breathe - it is the set of values, structures and practices that creates an environment in which idealism can be successfully practiced. Our unique, intentional culture and values powers our impact in schools and provides an immersive context for developing leaders.

CAREERS
We’re looking for highly passionate and motivated professionals who believe in our mission. If you’re interested in joining our highly skilled team, please browse our open career opportunities.

LEADERSHIP
Our leaders are a dedicated and inspiring group of professionals who are committed to ensuring that City Year makes significant impact in helping students who are at risk stay on track to graduate on time. Our leadership is comprised of business professionals, community leaders, and devoted volunteers.
Networking...
connect with people and organizations to gain insights about programs
Financial implications

Tuition vs. Cost to Attend or Participate

Financial Restrictions?

Supplemental Income Necessary?
  Is that allowed?

Tax Implications?

Examples:
  AmeriCorps Education Award considered toward taxable income
  Outward Bound
  AmeriCorps Education Award accepted for tuition costs
## Preparing Application Materials?
We Can Help!

### Resume and Cover Letter Critiques, Advising

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<thead>
<tr>
<th>Department</th>
<th>Address</th>
<th>Website</th>
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<tbody>
<tr>
<td>Cornell Career Services</td>
<td>103 &amp; 210 Barnes</td>
<td>career.cornell.edu</td>
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<tr>
<td>Agriculture and Life Sciences</td>
<td>140 Roberts</td>
<td>cals.cornell.edu/academics/advising/career</td>
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<tr>
<td>Engineering</td>
<td>201 Carpenter Hall</td>
<td><a href="http://www.engineering.cornell.edu/resources/career_services/">www.engineering.cornell.edu/resources/career_services/</a></td>
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<td>Hotel Administration</td>
<td>180 Statler</td>
<td><a href="http://www.hotelschool.cornell.edu/students/careers/">www.hotelschool.cornell.edu/students/careers/</a></td>
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Summer Opportunities Fair  
February 24, 2015  1:00pm – 5:00 pm  
Ballroom, Statler Hotel  

Nonprofit and Government Career Fair  
February 26, 2015  1:00pm – 5:00 pm  
Ballroom, Statler Hotel
Questions?

For an appointment with Rita on Gap Year call: 255-5296.