Exploring Gap Year Opportunities

Cornell Career Services

Rita Boratav, Information Services Advisor, rct5@cornell.edu
Where Are You Now?

- Understand Yourself
  - Interests
  - Values
  - Strengths
  - Goals

- Explore Options
  - Resources
  - Networking
  - Activities
  - Internships

- Take Action
  - Applications
  - Letters
  - Resumes
  - Interviews

- Develop Your Focus
- Take Action
A foundation of self-awareness.

What do you want?
What do you need?

Ask yourself…

Why would gap year work well for you?

Define your goals and purpose to filter your options.

Develop focus:
Know yourself and your aim
What is interesting, possible, and meets your needs?
Specialization within field?
Geographic preferences?
Paid programs vs. tuition costs?
WHEN WILL I HAVE FEWER OBLIGATIONS THAN I DO RIGHT NOW?

WHAT DO I WANT TO EXPERIENCE AFTER COLLEGE? WHY?

DO I HAVE NON-NEGOTIABLE PRIORITIES?

EXPLORE EVALUATE ENGAGE
Explore Evaluate Engage

Research will serve you well. Consider programs that will meet your needs and pique your interest.

- Reputable, Safe Programs
- Cost and Funding
- Program Requirements, Commitments, Benefits, and Expectations
  - Time Commitment
  - Eligibility and Criteria
  - Application Components, Interviews
- Locations
- Health Care
- Housing
- Travel
  - Passports
  - Travel Insurance
  - Visas
Research...where to start?
CCNet

Welcome to CCNet, a service that provides career-related information to you. You can access it through your Cornell University account.

Sign up for Email Alerts to stay updated on career opportunities.

Update Profile

Update your Career Preferences and Administration information to personalize your career search.

Career Preferences

- Personal Info
- Academic Info
- Career Preferences
- Administration

Administration

Please complete as many fields in your profile as possible. Your Career Center may make suggestions based on your profile. If you leave fields blank, you may miss some opportunities. You may update your Administration information here.

Edit Administration

Would you like to receive CCS e-mail notices?

- Yes
- No

Save Cancel

Career Services Desired:
- Teaching Careers Information
- Gap Year Information
- International Work Opportunity Notice
- Fellowships and Scholarship Notice

Job Type Preferred:
- Internship
- Full-Time Entry Level
- Co-op
- Summer
CCNET

✧ Search
- Fellowships
- Jobs

✧ Search
- Employers
The main career library, 103 Barnes Hall, serves all Cornell students. It is one of the largest in the country, consisting of approximately 505 books, 518 websites, MP3s, and paper files of career development resources; information on law schools, medical schools, and other graduate programs; and test prep materials. There are three kiosks for conducting library database searches in 103 Barnes Hall as well as a media room for accessing the web, printing information, and using other media. Hours are 8:00 am—4:30 pm, Monday—Friday, year-round. Numerous additional on-line resources can be found in the Link Library.

Also, each College Career Office has a career library with resources relating specifically to the academic offerings of that college. Several have career library databases (see the links below).

- Search Barnes Career Library
- Search CALS Career Library
- Search Human Ecology Career Library
- Link Library
Search for resources and email yourself results to look through when you have time...
Once you have found organizations, visit their website, follow them on social media, including Facebook and LinkedIn for ongoing updates.
What are you looking for?
- All 269
- Jobs 190
- Internships 2
- Action Opportunities 0
- Volunteer Opportunities 36
Show more...

Location
- Remote (e.g. work from home) or local
  - All results, including remote 269
  - Local results only 227
  - Remote results only (worldwide) 42

Areas of focus
- All 269
- Education 215
- Youth 168
- Urban 39
- Volunteering 31
- Arts 29
Show more...
Search the full list

269 results in New York (five boroughs), NY, US including remote opportunities

[Search options]
Relevance]

1. Jessica McKenzie
   - Joined January 24, 2014
   - Born and Raised in NYC. I'm taking a gap year before college, so I'm looking for opportunities for the 2014-2015 year.
   - New York, NY, US
   - Last updated May 28, 2014

2. Dominique McCledon
   - Joined August 10, 2010
   - I am a marketing professional with more than 10 years experience working for financial services, CPG, non-profit, healthcare and government brands. I am now working with a transformational non-profit working to close the achievement gap in this country.
   - New York, NY, US
   - Last updated August 30, 2011

3. Mike Holman
   - Joined June 19, 2012
   - In the wake of Dodd-Frank regulation my 10 years of experience has positioned me to quickly identify processing gaps and inefficiencies that could have major negative impact on small and large financial institutions. I've identified a few of these in recent roles with m...
   - New York, NY, US
   - Last updated June 2, 2014


Teaching at children center
This is one of the placement volunteers go for teaching small small children you can Teach early morning from 6:00 am to 8:00 am and volunteer live in our typical host famili and they will provide for the pure nepali food and eat with them . volunteer also go back home ...
Resources: International Work

• Work permits.

• Start early with search.

• Assess your language skills and learn about target country’s culture.

• Use all means for your search such as CCNet, LinkedIn, libraries, etc.
Resources: International Work

- Check our Working Abroad page (Students/Planning a Gap Year/Short-Term Options/Working Abroad)

- Check also our International Opportunities page (Students/Finding Jobs/International Opportunities)

- Check an excellent pdf on the Identifying Opportunities page (Students/Finding Jobs/International Opportunities/Identifying Opportunities)
What’s next?

Keep longer term goals in mind

• If grad school is your goal…
  • Do you need time to take prerequisite courses?

• Gaining professional experience and transferrable skills

• Any obligations to consider?
  • Financial
    • Insurance
    • Loans
    • Bills
  • Familial
  • Health
  • Geographic Requirements
Short-Term and Long-Term Benefits

Gaining Transferrable Skills

Broadening Network
About Us

CULTURE & VALUES
Our culture is the air we breathe—it is the set of values, structures, and practices that creates an environment in which idealism can be successfully practiced. Our unique, intentional culture and values powers our impact in schools and provides an immersive context for developing leaders.

CAREERS
We’re looking for highly passionate and motivated professionals who believe in our mission. If you’re interested in joining our highly skilled team, please browse our open career opportunities.

LEADERSHIP
Our leaders are a dedicated and inspiring group of professionals who are committed to ensuring that City Year makes significant impact in helping students who are at risk stay on track to graduate on time. Our leadership is comprised of business professionals, community leaders, and devoted educators.
Networking...
connect with people and organizations to gain insights about programs
Financial implications

Tuition vs. Cost to Attend or Participate

Financial Restrictions?

Supplemental Income Necessary?
   Is that allowed?

Tax Implications?

Examples:
   AmeriCorps Education Award considered toward taxable income
   Outward Bound AmeriCorps Education Award accepted for tuition costs
<table>
<thead>
<tr>
<th>Department</th>
<th>Location</th>
<th>Website</th>
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<tr>
<td>Cornell Career Services</td>
<td>103 &amp; 210 Barnes</td>
<td>career.cornell.edu</td>
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<tr>
<td>Agricultural and Life Sciences</td>
<td>140 Roberts</td>
<td>cals.cornell.edu/academics/advising/career</td>
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<td>Arts and Sciences</td>
<td>Temporarily in trailers</td>
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<td>Industrial and Labor Relations</td>
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<td>Human Ecology</td>
<td>172 MVR</td>
<td><a href="http://www.human.cornell.edu/career-development/">www.human.cornell.edu/career-development/</a></td>
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<tr>
<td>Engineering</td>
<td>201 Carpenter Hall</td>
<td><a href="http://www.engineering.cornell.edu/resources/career_services/">www.engineering.cornell.edu/resources/career_services/</a></td>
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<td>180 Statler</td>
<td><a href="http://www.hotelschool.cornell.edu/students/careers/">www.hotelschool.cornell.edu/students/careers/</a></td>
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Summer Opportunities Fair
February 24, 2015  1:00pm – 5:00 pm
Ballroom, Statler Hotel

Nonprofit and Government Career Fair
February 26, 2015  1:00pm – 5:00 pm
Ballroom, Statler Hotel
Questions?

For an appointment with Rita on Gap Year call: 255-5221.