First-Year Checklist

Career Exploration in the First Year

It’s Not Too Early!

As you begin your undergraduate studies, Cornell Career Services is eager to help you understand how the choices you make now—both in and out of the classroom—can shape your future career options. You can begin with this career checklist for the first year:

Stop by a Career Office
- Explore our career libraries
- Obtain individual assistance
- Pick up publications
  - Career Guide
  - Workshops and Events Calendar
  - Topic guides
  - Handouts

Attend Programs/Special Events
- Come to Get Started: Freshman Career Information Fair in February
- Hear about different career paths at alumni and employer panels
- Learn about job-shadowing opportunities with alumni (FRESH and FEX)

Stay Informed
- Explore our website at career.cornell.edu
- Create your CCNet Profile
- Check for calendar listing updates online (Upcoming Events link)

Prepare a Resume
- Attend a CCS Build a Better Resume program
- Review the pointers for first-year students (see other side)
- Have your resume critiqued

Plan Your School Breaks
- Arrange volunteer experiences
- Apply for the FRESH Alumni Job-Shadowing Program
- Obtain a career-related position
- Use the online Summer Experience Survey database (see Surveys and Salaries at career.cornell.edu)