The terms “internship” and “summer job” are often used interchangeably. A job usually involves work for pay, regardless of its applicability to your career. Formal internships may be paid or unpaid, and tend to focus on hands-on learning about a career field of interest.

No matter what it’s called, a summer experience can help you explore your interests and give you a competitive edge in your first full-time job search.

Cornell Career Services can help you research career fields, employers, and options. See a CCS staff member for individual assistance with your summer search.

Discovering Opportunities

- Most people find their summer positions through referrals and personal contacts. Use Cornell’s Alumni Mentor Network to connect with alumni for advice (not to ask for a job). Your college career office may have other ways to help you connect with alumni. The CCS Career Guide also includes networking tips (see page 7).

- Visit your college career office for assistance and information focused on the unique nature and majors of the college and the specialized needs of its students.

- Use the career library in 103 Barnes Hall. It offers more than 100 internship resources and special files searchable by field and location.

- Conduct web searches. Links are provided from the CCS website and through the college career office sites. Search engines, specialty pages, and organization/employer-specific sites can help you find listings related to your particular interests.

- Review responses from Cornellians to the Summer Experience Survey accessed in the “Surveys and Salaries” section of career.cornell.edu.

- Access the “Jobs & Internships” section of CCNet (log in at career.cornell.edu). It includes hundreds of job and internship postings for opportunities across the country. Identify employers who will interview students on campus by the schedule icon. Complete the online tutorial for a thorough introduction to the program.

- Use Cornell’s Student Employment Services website to find local positions.

- Investigate other Cornell resources, such as the Entrepreneurship and Personal Enterprise Program, Cornell Plantations, Cornell Tradition, etc. See the “Additional Summer Programs” page in the “Summer Jobs & Internships” section of career.cornell.edu.

- Consider a special program, such as the “Develop Your Own (DYO) Summer Internship Program” or the “New York City Public Service Corps” (for Federal/Work Study eligible students). Application materials are available in 203 Barnes Hall or 203 Day Hall. Funding is limited, so apply early.

- Create your own internship. Speak with a career advisor about strategies for approaching employers who don’t have established internship programs about hiring you for the summer.

- Conduct a mail campaign, using resources mentioned above to identify employers that appeal to you. Construct a strong resume and cover letter. Use a “quality” rather than a “quantity” approach.

Tips for Finding Summer Positions

- Attend the Internship Information Event on November 1, 2010, 11:00 am—2:00 pm in the Memorial Room, Willard Straight Hall. Check listings in the Career Event Calendar for other CCS programs about summer internships.

- Use the same search methods and strategies that you’d use to find a full-time job. See the Job Opportunities article on pages 13-15 in the Career Guide.

- Increase your chances for success by developing a clear target, a strong resume and cover letter, and effective interviewing skills.

- Apply early. Deadlines for some programs, especially government positions, occur in the fall.

- Combine volunteer and paid work positions to create the best possible summer experience when one internship or job can’t meet all your needs.

- Schedule interviews during your school breaks (Thanksgiving, winter, etc.).

- Arrange a job during Winter Break. These often lead to summer positions.