“Who Am I?” from *What Color Is Your Parachute?* by Richard Bolles

Take ten pieces of paper or create a word document with ten pages and on each page write at the top: Who am I?

On each sheet write just one answer to that question.

When done, go back over all ten sheets then write below why you said that and what excites you about your answer.

When finished, go back and arrange them in priority order putting the most important identity for you at the top with the least important at the bottom.

Look back at all ten sheets and see if there is anything in common about your answers.

Write down the common items on a separate page. This information will inform you about what your dream job or career needs to give you in order to feel excited.